



HIV & DENTAL CARE

CHARLES HAWTHORNE

CAPACITY BUILDING COORDINATOR

HARM REDUCTION COALITION

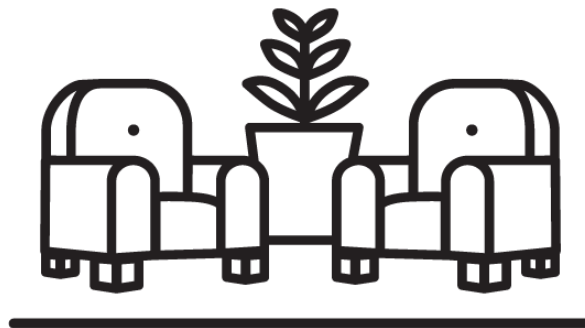
WHAT IS MOTIVATIONAL INTERVIEWING?

- A collaborative, **person-centered** counseling style
- Aims to elicit and strengthen **motivation** for behavior change
- Creates a space to explore and resolve **ambivalence** about change



WHY USE MOTIVATIONAL INTERVIEWING?

- Proven to be effective!
- Assists clients in making **informed decisions** about change
- Its **person-centered**, so motivation to change is elicited from the individual who is making the change



CLINICAL STRATEGIES

**Open-Ended
Questions**

Affirmations

**Reflective
Listening**

Summaries

Normalizing

**Asking
Permission**

BEST PRACTICES

Collaborate with client and medical case managers on enrollment, engagement and updates (generated by client activity).

- Client referral based on expressed need and location.
- We encourage client communication between medical and dental providers.

Help track and navigate client to attend dental appointments

- Assist with retention in care and for new referrals to the Ryan White Dental Provider (RWDP)

Ask questions

- Discuss clients past and current dental experiences, habits and possible conditions which are a risk for oral disease. Identify the appropriate next step in care.

Keep it simple

- Consider how much time you/your org has and the complexity of the case. Try to keep an assessment to 2-3 questions and focus on building a relationship around oral care

ACCESS: WHAT TO ASK

Some programs keep their assessments simple by asking one question on care utilization: whether the client has been to the dentist in the last year or the date of the last dentist appointment that occurred.

Others Ask “whether problems with their teeth and mouth have made it difficult for the client to take HIV medications.”

The Safety Net Medical Home Initiative recommends a comprehensive set of questions that range from diet to dry mouth:

- Do you experience tooth pain or bleeding gums when you eat or brush your teeth?
- Do you experience stomach acid in your throat after eating or when lying down on a daily or almost daily basis?
- On average, how many days per week do you brush your teeth twice daily for at least two minutes, using fluoride toothpaste, and floss at least once daily?
- On average, how many times daily do you consume sugar (sugary snacks or sugary drinks) between meals?

CHALLENGES

- **Oral health literacy and cultural norms may affect a client's adherence to oral health treatment.**
- **Our client population is aging, medically complex and may present with co-morbidities.**
- **Clients may have fear of dental services, from past experiences or because it has been many years since their last dental exam.**

MICHELLE PONCE LINGLE, RDA

TOM WADDELL URGENT CARE CLINIC DENTAL CLINIC



CHERYL FLORES

UNIVERSITY OF THE PACIFIC

ARTHUR A. DUGONI, SCHOOL OF DENTISTRY

UNIVERSITY OF THE PACIFIC

CARE ELIGIBILITY REQUIREMENTS



The school's CARE (HIV) Clinic funds dental care for qualified patients through the Ryan White Federal CARE grant.

- **HIV/AIDS letter of diagnosis signed by a physician or a nurse practitioner.**
- **San Francisco resident.**
- **2019: Yearly income of \$49,960 (pre-adjusted gross income) or less.**
- **Valid photo identification card.**
- **Recent Lab work (within 1 year of blood drawn date)**
- **Other: Denti-Cal Card / Private Insurance Card**

CARE BENEFITS

The CARE annual max for 2019-20 (July-June) up to \$1,800.

Dental services include preventive treatment, same-day emergency dental care, fillings, root canals, dentures, and oral surgery for people with HIV who qualify for the CARE program.

Oral health care is provided by student dentists partnering with dental school faculty members.

Interpretation services are available for most languages. Patients may also bring their own interpreter.



CARE CONTACT INFORMATION

155 Fifth Street, Room 236A

CARE Coordinator: Tina Saechao

Office (415) 929-6448 Fax: (415) 749-3348

Business Hours

Monday-Friday

8:30-12:30 p.m.

1:30-5:00 p.m.

Closed 12:30-1:30 p.m.

