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## **Hummingbird Place Program Expands** at San Francisco General Hospital, Nearly Doubling to 29 Beds

City of San Francisco Awards Grant to PRC to Increase Capacity at the 24-hour Facility; Program Supports People Experiencing Homelessness, Mental Health and Substance Use Challenges

SAN FRANCISCO (Feb. 28, 2019) – San Francisco Mayor, London Breed, recently announced a significant expansion to the Hummingbird Place from 15 to 29 beds, where PRC works closely with adults facing homelessness, mental health and substance use challenges who are also considering treatment. The program introduces clients to a multi-disciplinary system of care. PRC staff manage access to recovery and wellness conversations, activities and programs in a homelike environment. The San Francisco-based organization is using a grant from the City and County of San Francisco to expand capacity at the 24-hour facility, located on the campus of Zuckerberg San Francisco



Hummingbird Place in San Francisco

General Hospital. PRC and San Francisco partnered in 2017 to open the original 15-bed overnight facility as part of the City's Navigation Center system.

"Hummingbird Place offers a critical, short-term overnight model that facilitates patient stabilization, provides linkage to social services and offers clients an opportunity for referral to longer-term treatment and recovery," said Brett Andrews, CEO of PRC. "The work we're doing makes a real, tangible impact across San Francisco to help end homelessness and provide other vital services to these local residents."

## What Is Hummingbird Place?

Hummingbird Place originally opened in 2015 as a day drop-in program providing peer counseling and support. In the summer of 2017, it joined forces with PRC-Baker Places to become part of San Francisco's Navigation Center system by transforming it into a 15-bed, 24-hour facility. This partnership allowed the center to offer a blending of peer and professional staff counseling, respite, hot meals, showers and overnight accommodations to help clients regroup and find their footing after a crisis. Now, as of January 30, Hummingbird Place can provide overnight accommodations and services to 29 people, while also supporting up to 25 additional people through the day drop-in program. The average stay of Hummingbird Place clients is 24 days.

"This is about getting people who are severely ill the help they desperately need," said San Francisco Mayor London Breed in an October 2018 announcement about the expansion. "There is a small subset of our homeless population that are clearly, visibly suffering on our streets. They are frequently in and out of the hospital or criminal justice system, but they never receive the comprehensive care they need to stabilize and get back on their feet. It is simply inhumane for us to allow them to continue to deteriorate without intervening."

Between September 2017 and August 2018, Hummingbird provided overnight services to 218 clients, which represents a total of 4,130 bed nights. The program also provided 2,283 day drop-in service units. With regards to client demographics, 64 percent are people of color, the majority of whom are African American. Sixteen percent identify as LGBT; seven percent veterans; 62 percent male, 33 percent female and two percent transgender. Across the year 44 percent – nearly one in two – of overnight clients transition out of Hummingbird Place to more stable housing or into a continued treatment program.

Among the services provided through Hummingbird Place:

- Referral to primary care medical and psychiatric community providers
- Medication monitoring
- Linkage to social services
- Transportation to medical and social services appointments
- Hot meals
- Individual and group counseling
- One-on-one peer support
- Daily living skills training
- Provision of activities of daily living materials (clothing, showers, hygiene supplies, laundry facilities, etc.)
- Coordination of services and discharge planning



Brett Andrews, CEO of PRC (photo courtesy of Terrence McCarthy)

For more information about PRC, Hummingbird Place and the services it provides, please call (415) 777-0333 or visit www.prcsf.org.

**MEDIA PLEASE NOTE:** For more information or to request an interview with Brett Andrews, please contact Katherine Bella at <a href="mailto:public.relations@prcsf.org">public.relations@prcsf.org</a> / (415) 558-6999 ext. 248.

## **About PRC**

PRC (formerly Positive Resource Center) is a San Francisco-based nonprofit that helps people affected by HIV/AIDS, substance use or mental health issues better realize the opportunities available to them. PRC provides integrated legal, social and health services that address the broad range of social risk factors which impact wellness and limit potential. In 2017, the organization merged with AIDS Emergency Fund, an emergency financial assistance provider for low-income residents disabled by HIV/AIDS, and Baker Places, an agency that provides a comprehensive array of residential treatment services to people with mental health, substance abuse and HIV/AIDS-related issues. Combined, the three organizations operate as PRC, represent a 115-year history of service and serve approximately 5,000 clients annually. For more information, please visit www.prcsf.org.