

Forward this message to a friend | February 15, 2017

Dear Friend,

Pop Quiz: Did you know that there is more to health than just, "Are you sick or well?"

True wellness goes so much deeper. The World Health Organization (WHO) states, "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." To truly help a person, we must help them on every level that might affect their environment, their education, how others see them, and how they see themselves. At Positive Resource Center, we believe everyone deserves an opportunity and an advocate. We are here for our clients because you are here for us.

As we recognize Black History Month, and as an African-American man, I'm keenly aware of the challenges we face, certainly now more than ever. We have been here before, and we succeeded. I know that change is in the air and change represents hope. I'm reminded of how privileged I am to have spent the last 25 years of my professional life working in the nonprofit sector. Though my efforts encounter many challenges, those challenges are outweighed by the reward of seeing so many people committed to shaping and reshaping their lives in ways they might not have otherwise imagined. I encourage us all to double down on our efforts as we seek to redirect this nation's attention toward addressing the inequities, so many African-Americans and others experience daily.

On behalf of all of us at Positive Resource Center, thank you for your continued support!

Brett Andrews Chief Executive Officer



Black History Month: Power, Passion & Compassion

By Brett Andrews

With more than half of all new HIV infections occurring within the African-American community, we do not have

the luxury of passively waiting for help or only choosing to have polite discussion. We have to be ever-vigilant, proactive, and informed. We must aggressively address the socio-economic factors that impact good health and well-being, such as access to quality healthcare, culturally appropriate services, stable housing, and access to nutritious food. We know there is no single strategy that can effectively address the myriad of issues that come with the prevention and care of HIV/AIDS. We'll need the help and support of the broad base of our community, which includes our churches and educational institutions. Let us all begin to take more active steps toward educating ourselves, and then exercise the courage to hold each other accountable.



I was once told, "Honey, I can only love you as much as you love yourself." Let's stop allowing our insides to be measured by someone's outside. Don't narrowly define yourself by arbitrary, fleeting and material things. Let the goodness of your heart emanate from within. Trust me, all the right people will see it, feel it and know it.

Read Brett's full article here on PRC's Facebook page.

Benefits of Being a Bare Chest Man

Many guys are looking for a sense of community and brotherhood as well as a way to "give back." The Bare Chest Calendar is a perfect opportunity to do just that. From the start, you will engage the community and test your skills. At the end of the journey, you will be transformed by the overwhelming sense of community, philanthropy, and friendship.

Are You Next?

To date, 387 men have appeared on the pages of the Bare Chest Calendar. If you or someone you know would like to be a part of this once in a lifetime fundraising experience, <u>click here to find out more</u> <u>about the recruitment process.</u>



As a cool and dynamic fundraising project, the calendar has raised over \$2 million for AIDS

Emergency Fund (AEF) and Positive Resource Center (PRC). Through a series of contests, Bay Area men compete for the chance to appear on the calendar and be part of the Bare Chest Calendar Team.

Team BCC is excited to have <u>inkedKenny</u> as the photographer for the 2018 Calendar!

Semi-final contests will be held at 8:00pm on Thursdays, starting February 9th and running through April 13th at The Powerhouse, 1347 Folsom Steet.

2017 Bare Chest Calendars are 50% off, get yours today!

Benefits Counseling Program Workshop

Working While on SSI/SSDI

Friday, February 24, 2017 10:00am - 12:00pm Positive Resource Center 785 Market Street, 10th Floor San Francisco

This workshop is for people who receive SSI or SSDI and have or expect to return to work. It is important to know the work rules and how to consistently report all your work activity while on SSI/SSDI. In this workshop, you will learn how and when to notify the Social Security Administration about your earnings, and what to do if you end up with an overpayment. If applicable, the presentation will also cover work rules for people who receive private long-term disability insurance.



Working While Receiving Disability Benefits Workshop



This is a free workshop open to the public, but space is limited. A reservation is required. Please RSVP to **Talia Magaña** at <u>TaliaM@positiveresource.org</u> or (415) 972-0817.

POSITIVE RESOURCE CENTER (PRC) IS A COMMUNITY-BASED 501(C)(3) NON-PROFIT WHOSE MISSION IS TO ASSIST PEOPLE AFFECTED BY OR AT RISK OF HIV/AIDS THROUGH CULTURALLY APPROPRIATE COUNSELING, EDUCATION, TRAINING AND ADVOCACY. AS A RESULT, OUR CLIENTS CAN MAKE MORE INFORMED CHOICES THAT MAXIMIZE AVAILABLE BENEFITS AND EMPLOYMENT OPPORTUNITIES.

DONATE TODAY

If you no longer wish to receive these emails, please reply to this message with "Unsubscribe" in the subject line or simply click on the following link: Unsubscribe

Positive Resource Center 785 Market Street, 10th Floor San Francisco, California 94103 US



Read the VerticalResponse marketing policy.